



आत्मा राम सनातन धर्म महाविद्यालय (दिल्ली विश्वविद्यालय)

धौला कुआं, नई दिल्ली -110021

राष्ट्रीय संस्थागत रैंकिंग फ्रेमवर्क (NIRF) 'सातवाँ स्थान'

राष्ट्रीय मूल्यांकन एवं प्रत्यायन परिषद (NAAC)- ग्रेड ए++ (3.77/4) '

अरुणादुथ

A.R.S.D. COLLEGE ALUMNI ASSOCIATION (REGD.)

2026







MESSAGE FROM THE CHAIRPERSON



From the standpoint of institutional governance, it is deeply reassuring to witness the sustained engagement of our alumni community. The continued association of former students reflects the stability, credibility, and long-term vision that guide the institution's governing processes.

An academic institution derives strength not merely from its programmes, but from the continuity of its values and the collective commitment of its stakeholders. Alumni represent an enduring extension of the institution's identity, carrying forward its ethos into diverse professional and social spheres.

In a rapidly evolving educational environment, governance requires foresight, adaptability, and shared responsibility. The Alumni Association strengthens this framework by fostering engagement, institutional dialogue, and developmental support that align with the college's long-term vision.

This Souvenir symbolizes not only shared memories but shared stewardship. It reflects pride in our collective journey and confidence in the institution's continued progress.

With best wishes,

Prof. Mahima Thakur
Chairperson

MESSAGE FROM THE TREASURER



The sustained progress of an educational institution rests upon thoughtful planning, responsible decision-making, and active stakeholder engagement. In this context, the continued association of our alumni carries significant institutional value.

Institutional growth is strengthened by collective commitment and a shared sense of responsibility. The Alumni Association reflects this spirit of partnership, contributing meaningfully to student support initiatives, developmental activities, and the strengthening of institutional resources.

As members of the Governing Body, we remain committed to ensuring that growth is guided by transparency, integrity, and sustainability. Alumni participation enhances this framework by bringing goodwill, experience, and constructive collaboration that enrich the overall institutional environment.

This Souvenir stands as a celebration of enduring bonds and shared pride. I extend my appreciation to our alumni for maintaining their connection with the college and contributing to its continued advancement.

With best wishes,

Prof. Anil Rai
Treasurer
College Governing Body



PRINCIPAL'S MESSAGE



It is a matter of academic pride and institutional satisfaction to address our distinguished alumni through this Souvenir. The achievements of our former students continue to affirm the strength of our academic foundation and the enduring values that define our institution.

An institution's true measure lies in the lives it shapes and the contributions its students make to society. Our alumni, through their accomplishments across diverse professional domains, embody the intellectual discipline, curiosity, and ethical grounding cultivated during their years on campus.

As we navigate an era of transformation in higher education, the college remains committed to fostering critical inquiry, innovation, inclusivity, and holistic development. The continued engagement of our alumni bridges the past and the present, reinforcing our mission to nurture responsible citizens and capable leaders.

This Souvenir celebrates shared memories, sustained excellence, and enduring association. I look forward to strengthening this partnership as we continue to build upon our legacy and strive toward greater institutional distinction.

With sincere appreciation,

Prof. Gyantosh Kumar Jha
Principal



VICE-PRINCIPAL'S MESSAGE



Dear Esteemed Alumni,

I extend my heartfelt congratulations and deepest gratitude to the Alumni Association for your exemplary support and dedication to the continued success of our institution. Your unwavering commitment to the betterment of the college and its students is truly commendable.

Through your generous contributions, you have made a profound impact in several key areas. The scholarships provided to deserving, needy students have opened doors to higher education and brighter futures.

The recent initiative to air-condition the entire library has transformed it into a comfortable and conducive space for learning, enabling students to focus on their studies regardless of the weather. Furthermore, the installation of solar lights on campus has significantly contributed to our sustainability efforts, providing energy-efficient solutions while reducing our carbon footprint.

In addition, the sessions organized by alumni for UPSC aspirants have provided invaluable guidance and mentorship to students aiming to succeed in one of the country's most prestigious examinations.

As we look to the future, we are excited to continue this partnership and hopeful for even greater collaboration. Your ongoing support is essential in furthering the mission of our college, and we trust that together, we will continue to inspire and empower the leaders of tomorrow.

Thank you for your dedication and commitment to the college. We eagerly anticipate the positive changes and growth that our continued association will bring.

Prof. Vinita Tuli
(Vice-Principal & IQAC Coordinator)



PRESIDENT'S MESSAGE



Dear fellow Alumni,
Greetings to all of you. We are once again in that wonderful time of the year when we have the annual Alumni meet. During the past year, the Alumni Association continued with its tradition of supporting some students from economically stressed categories through alumni contributions. We also contributed to installing additional solar lights in the campus. We are also working on air conditioning the library to provide our youngsters a more comfortable environment for studies. As you may be aware, one of the factors that pushes up the college in national ranking is 'active alumni participation'. So your participation is valuable. I also take this opportunity to thank those fellow alumni who contributed their time, effort and money towards our activities. We should continue with added vigour to make our college number one. I am sure you will all appreciate the efforts and come up with your own ideas and suggestions to implement them. I would also seek your greater involvement in the running of the Alumni Association by taking up positions being office bearers etc. In conclusion, I repeat my request for a greater participation. Please spread the information to all alumni who you can contact.

With thanks & regards

J. S. Arya
IDAS Retd. 73-76, English (H)
PRESIDENT-Alumni Association, ARSD College





CONVENOR'S MESSAGE



Dear Esteemed Alumni,

It is with immense pride and heartfelt joy that I connect with you through this edition of the Alumni Magazine-Arunoday of Atma Ram Sanatan Dharma College (ARSD College). Our alumni are the true torchbearers of the institution's legacy, carrying forward its values of academic excellence, integrity, and social responsibility into diverse spheres of life.

ARSD College continues to scale new heights in academic distinction and institutional credibility. The prestigious NAAC A++ accreditation stands as a testament to our unwavering commitment to quality education, innovation, and holistic development. Furthermore, securing the 7th rank in the NIRF rankings is a matter of great pride for the entire ARSD community. These achievements are not merely institutional milestones; they reflect the collective efforts of faculty, students, administration, and, most importantly, our accomplished alumni whose success stories strengthen our national standing. Over the years, our alumni have excelled in academia, civil services, corporate leadership, entrepreneurship, research, arts, and social development. Each of your accomplishments enhances ARSD College's reputation and inspires our current students to dream bigger and aim higher. You are living examples of the transformative power of education nurtured within these campus walls.

The Alumni Affairs Committee remains committed to fostering meaningful engagement, mentorship opportunities, professional networking, and collaborative initiatives. In today's rapidly evolving world, a strong alumni

network is an invaluable asset. Your guidance, industry insights, and experiential knowledge help bridge the gap between academic learning and professional realities.

As Convenor, I warmly invite you to remain actively involved—through alumni meets, mentorship programs, knowledge-sharing sessions, and contributions to institutional initiatives. Together, let us continue to build a vibrant, supportive, and forward-looking alumni community that contributes meaningfully to society while upholding the rich traditions of ARSD College. May our collective journey continue to be marked by achievement, collaboration, and pride.

With warm regards,

Dr. Nidhi Bansal

Convenor, Alumni Affairs Committee

Atma Ram Sanatan Dharma College (ARSD College)



A.R.S.D. College Alumni Association (Regd.)



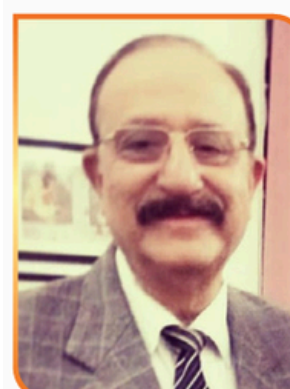
Prof. Gyantosh Kumar Jha
Principal



Dr. Nidhi Bansal
Convenor, Alumni Affairs Committee



J S Arya, IDAS Retd.
President



Chetan Kak
Sr. Vice President



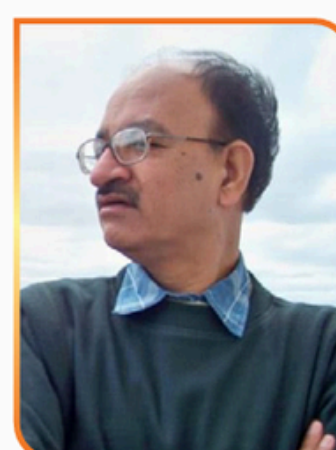
Col. R.S. Tokas
Vice President



Rajnikant Kumar
General Secretary



Sunita Chawhan
Secretary



V. K. Arora
Treasurer



THE ALUMNI ASSOCIATION

The college has a registered Alumni Association and wishes to involve its alumni in a meaningful and full manner for the benefit of the students and institution. Alumni Association of ARSD College is working to bring together the alumni community on a common platform to build another channel of personal and professional support to members through 'self-help' within the community.

The alumni and college authority members collaborate through various social mediums to make the institution better and excel. We have already registered approximately 1,000 alumni through the College website and the number is growing every year. Our alumni are spread world over and doing brilliant work in their respective fields. Apart from serving as a base for information about the alumni, it initiates programs and organizes events important to alumni and their alma mater.

Current Office Bearers of the Association:

1. President: Mr. J.S. Arya (IDAS, Controller of Defense Accounts)
2. Vice-President: Retd. Col. Ravinder Singh Tokas
3. General Secretary: Mr. Rajnikant Kumar
4. Secretary: Ms. Shuchi Pandey
5. Treasurer: Dr. V.K. Arora

Executive members of the Alumni Association:

- Umesh Upadhyay
- Chetan Kak
- B. S. Maan
- Satish Upadhyay
- Sanjay Basak
- Sunita Chowhan
- Sushma Sehwari
- Anuranjan Jha
- Kundan Kumar

- Jaiveer Rana
- Charu Kartikeya
- Ravi Shrivastav
- Parag Bhushan
- S. Mageshwaran
- Vikas Sharma
- J. S. Kashyap
- Ravindra Pant
- Rajkumar Khurana

Notable achievements and accomplishments of the alumni association:

- The Alumni association has been helping deserving and needy students from financially weak background by providing Rs. 50000.00 per annum to the college to be utilized in any suitable manner for supporting their education. The participating alumni who have been providing assistance of Rs. 10000.00 per annum include: J. S. Arya, R. S. Tokas and Rajnikant Kumar (Office Bearers of Association) and Anuranjan Jha, J. S. Kashyap, Vikas Sharma and Ravi Shrivastav (Executive Members of the Association).
- The Beautification work which included landscaping of College front has been sponsored by the Alumni Association with the support of J. S. Kashyap.
- B. S. Maan (Advocate) has donated 100,000 to the college Alumni Association.
- An alumni member Uday Turanga has started Annual Award in the memory of Retd. Late Dr. K. C. Tripathi, Dept. of Chemistry.
- The association has been organizing Career Counseling for students on regular basis.
- An alumna Indu Baluni donated 12000/- to the College Alumni Association.
- Subhashish Addy also contributed 25000/- to the College Alumni Association last year and this year respectively.

Distinguished Alumni



Ashish Sood
Minister of Home Affairs, Power,
Education, New Delhi



Ashok Yadav
M. P. Lok Sabha



Neeraj Shekhar
M.P. Rajya Sabha



Satiish Upadhyay
MLA, Malviya Nagar, Delhi



Sudhir Chaudhary
Editor-in-chief of DD News



Rajkumar Rao
Actor



Anil Pandey
Senior Journalist



Jaiveer Rana
MCD, Councillor



Ms. Aditi Jha
Judge



Suuraj Singh
Producer



Jaspreet Jasz
Singer



Kundan Kumar
I. A. S.



Rushai Rai
Femina Miss India Finalist 2015



Prof. M.C Sharma
Ex-Secretary, UGC



Yashdeep Chahal
Judge, Delhi Judicial Service



Parag Bhushan
Associate Director, Acuity Analytics



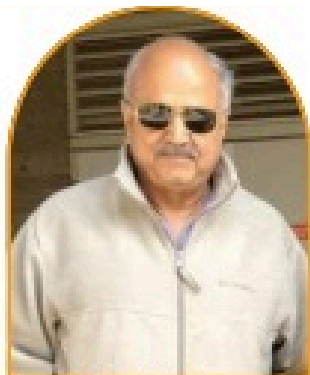
Saloni Avadhut
Delivery Manager, Acuity Analytics



Shubhashish Addy
Entrepreneur



Rushai Rai



Vimal Mohan
Retd. DIG



Isha Khosla
IAS



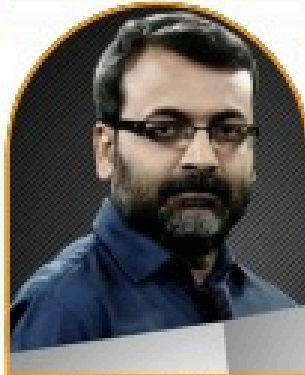
**Major General G.S.
Talwar, Additional
Director General, NCC**



**Major General Tejinder
Jaggi**



**Manish Charath Former
MLA & Secretary AICC**



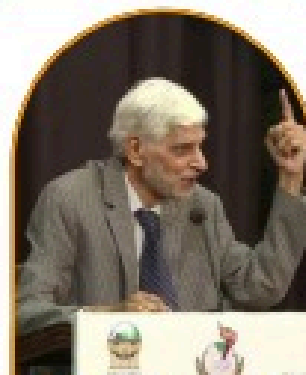
Anuranjan Jha
Sr. Journalist



J.S. Arya, IDAS (Retd.)



**Sandeep Gokel, DIG,
RAF**



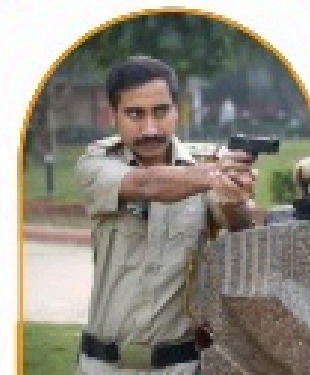
**Prof. M.C. Sharma,
Ex-Secretary, UGC &
Former VC, Haryana
Central University**



Charu Kartikeya
Editor and
News Anchor,
DW News Hindi



Akhilesh Kumar Jha
IPS



Amir Khan
Theatre &
Bollywood Actor



Rajnikant Kumar
Entrepreneur



Sandeep Sinha
Actor, Journalist,
Sub-editor (Lallantop)



Varun Sharma-
Actor , Director, Producer
Theatre leela (owner)



Nishant Thakur
Actor, Director
Film- Mardani 3, Webseries-IPF



Bhaskar Jyoti
Registrar



Atmja Pandey
Actor, FTII Alumnus
Films- Stree 1,2



Charu Kartikey
Editorial Lead at DW HINDI, HTN News



Srishti Yadav
Actress, entrepreneur
Film - Ajeey



Priyanka Singh
Cinematographer, Director Short
Films and Ads

Distinguished

Alumni Awardee 2026

MANMEET SINGH GOINDI

COL. YOGENDER SINGH PARMAR

SUPRABHA PANDE

SUMIT JHA

BRIGADIER BIRENDRA KUMAR ROY

NITIN TULYANI

CA ANKIT GUPTA

DEEPAK TENGURIYA

MAJOR MANJIT

ASHISH RAGHUWANSHI



Distinguished

Alumni Awardee

2026



Col. Y. S. Parmar



Brigadier Birendra Kumar Roy



Ankit Gupta



Manmeet Goindi



Suprabha Pande



Deepak Tenguria



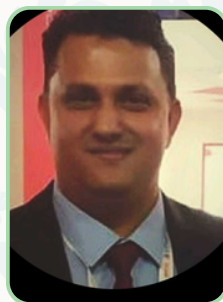
Major Manjit



Nitin Tulyani



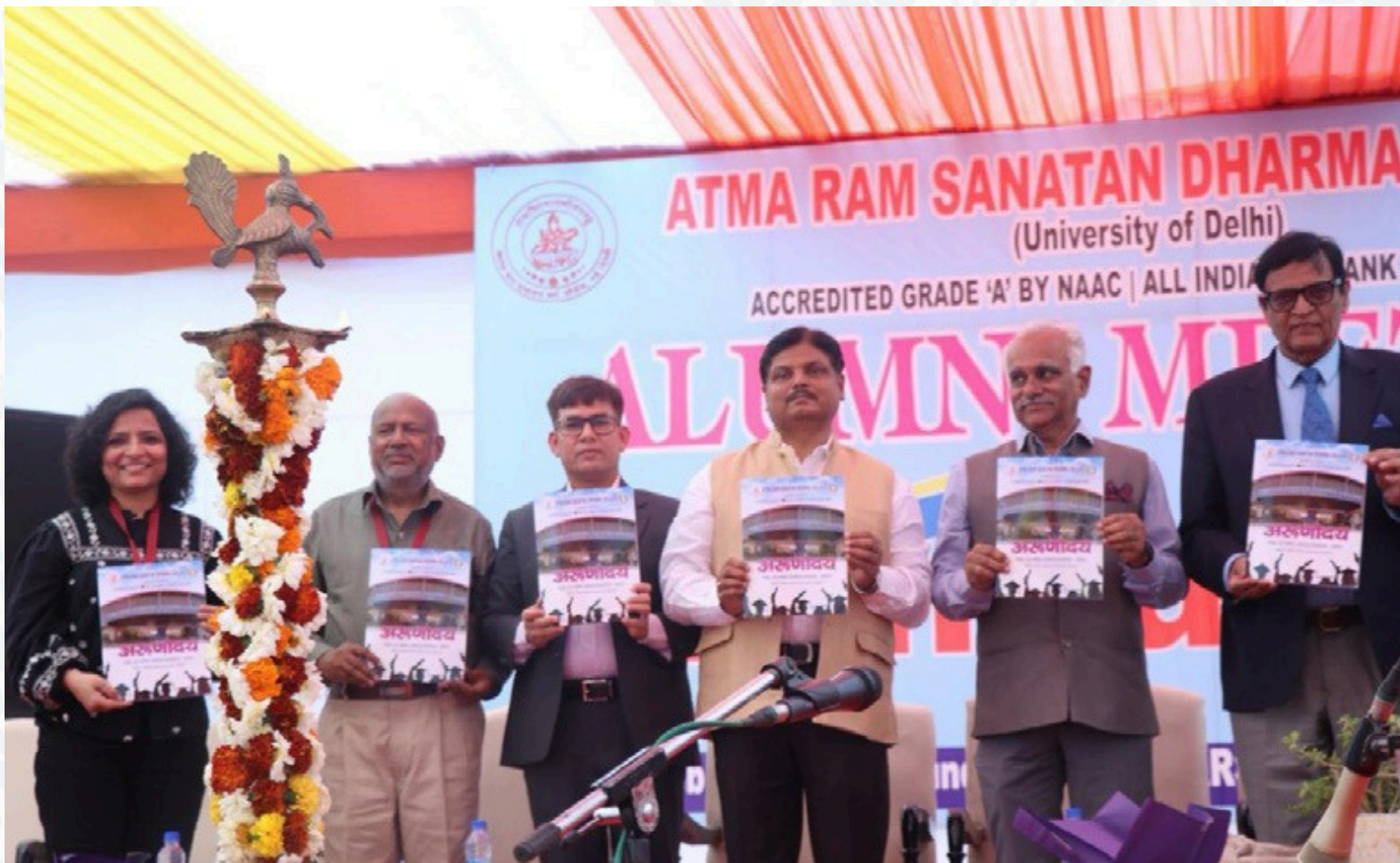
Ashish Raghuwanshi



Sumit Jha





















Srishti Yadav, marketing director, Northstar Technologies Inc (US), receives the distinguished Atma Ram Sanatan Dharma College alumni award 2023. Principal Gyantosh Kumar Jha (right) can also be seen.

Alumni Contact Detail

Name	Phone	Name	Phone	Name	Phone
A Kanksha Manocha	9716868974	Amit Arora	9910966535	Anupam Bhardwaj	9811650362
A.k. Singh	9289500897	Amit Gupta	7880877327	Anupam Sharma	9811078061
Aakriti Malik	989935681	Amit Gupta		Anupriya Patel	8858766291
Aakriti Vashishtha		Amit Jain		Anuranjan Jha	9871671455
Aarti		Amit Kumar	9958856562	Apeksha Mundepe	7838014133
Aarti Rawat		Amit Kumar	9971772113	Arawat Kumar	
Aarti Sharma		Amit Kumar	9910709252	Archan Saini	9560165466
Aarti Sharma	9910115808	Amit Kumar Singh		Archana Kohli	9953099267
Aashima Boora	9999010233	Amit Lakra		Archita Singh	9650480280
Abhay Singh Yadav	9818697133	Amit Nangia	9811412444	Arka Das Gupta	9990071063
Abhimanyu Ujjwal	9958465377	Amit Puria	9212373739	Arshudin	9899988857
Abhinav Paliwal	9968044633	Amit Sharma	9818512179	Arti	9716204238
Abhishek Boora	9953494988	Amita Gupta	9968965901	Arun Bahl	
Abhishek Jindal	8800977387	Anamika Rohilla		Arun Behal	9910382817
Abhishek Singh	9540888871	Anamika Singh	9868917994	Aruna Chauhan	9540258604
Adarsh Kumar	8285208444	Anand Mohan	9958500775	Arvind Kumar	9868798216
Aditi Harrias		Anand Prakash	9711436679	Arzoo Watts	
Aditi Tandon		Anant Kumar		Ashish Chopra	9990706189
Aditya Kumar Kaushal	9810825946	Anant Kumar	8130534861	Ashish Kripala	9818510882
Aftab Alam	9599781636	Ananya Singhal	9582348662	Ashish Kumar	
Aishwarya Hari Chandan		Angad Agnihotri		Ashish Pandey	9911999215
Ajay Dhawan	9811035956	Anil Kumar	9871350377	Ashok Gupta	9811078734
Ajay Kumar		Anil Aggarwal	9811340788	Ashok Kumar	
Ajay Malhotra	18626861550	Anil Bhatia	9811058949	Ashok Kumar	9891554554
Ajimehs Saha	9999400559	Anil Kumar		Ashok Kumar	45184422
Akanksha Kanojia	8447379620	Anil Kumar	9811868969	Ashu Aggarwal	
Akansa Gupta	9312561035	Anita Aggarwal		Ashwani Gulati	9811199266

Name	Phone	Name	Phone	Name	Phone
Bharat		Disha Gandhi		Hemant Nanda	8929222788
Bhart Sehrawat	8588906929	Divya Makhija	9650667866	Hemant Shaniya	
Bharti		Dr Amrit Kumar	9921785903	Hemraj Pandey	9899476746
Bhawna Gupta	9953211774	Dr. Amit Kumar	9871147416	Himanshu Gaur	
Bhumika Pant Pathak	9810234356	Dr. Brijesh Kumar	9716236224	Himanshu Kataria	
Bhupender Pal Singh	9999411358	Dr. L.k. Sharma	9811079928	Himanshu Masand	9990997897
Bimal Dey		Dr. Manoj Kumar Kain	9212763369	Himanshu Sharma	9871028230
Binit Lal	9911685162	Dr. Nr Vimala	9811686517	Husnara Khan	
Binita	9599010500	Dr. Sandeep Kumar	9899086466	Indresh Kumar	96543841365
Bipasha		Dr. Sanjay Sengupta	9911102544	Indu Baluni	9971399627
Brijesh Kumar		Dr. Suresh Sharma	45609202	Indu Baluni	9971399627
Budh Dev	9643895658	Dr. Sushma Sehrawat	9891483516	Indu Singh	9868431679
Bunny Suri	9958502588	Dr. Vinoo Bhalla	829258544	Irshad Ahmed	9971074234
Captn. Barun Yadav	9868937477	Drifesu Kumar	8802061546	Isha Manaktala	8527053085
Chailinaya Kumar	7417042366	Firoz Alam	9873040542	Ishan Sood	
Chaitanya Kumar	9413314195	Ganesh Kumar	7530863265	J S Arya	981128815
Chanchal	9289339550	Garima Sharma	9873545399	J.p. Yadav	9582714475
Chandan Kumar		Gaurav Sharda	9873378592	Jagdev Singh	9041636530
Charu Kartikeya	9958683339	Gaurav Gupta	9999974259	Jagdish Parshed	8595416713
Chestha Gulabani	9818305466	Gaurav Kajla	9811267674	Jagmohan Singh	9810036186
Chetan Kak	9811336572	Gaurav Nagpal		Jai Prakash Sharma	9891684883
Chetna Tyagi	9953240239	Gautam Kumar		Jaivir Singh Rana	9811558200
Chirag Bhushan		Ghanshyam	9910105705	Janardan Mishra	8527605288
Col. Lakhpatt Singh Yadav		Girish Kumar	9718980998	Jasleen Kaur Bindra	9911202460
9711503996		Girish Kumar Thakur		Jatin Zaveri	9810156642
Col. Sandeep Bhargava	9873444696	Gs Talwar	8860079499	Javed Fayyaz	9899034786
Col. Ved Prakash	9899817300	Guneet Kaur Sabharwal		Jitender Kumar	
D.p. Dogra	9818207866	Gurdip Singh		Jitendra Kumar	9891818166
Deeksha Bhatt	9711511691	Gyatri Priyadarshni	8468014338	Jitendra Thapa	9971764415
Deeksha Bhatt		Haigriy Parihar	9953720298	Jitendra Yadav	

Name	Phone	Name	Phone	Name	Phone
Karam Chawla	9953666586	Mantosh Saxena	9810059082	Neetu	9560422179
Kashika Arora	9868155575	Md. Atiq	9716077928	Neetu Yadav	9582112493
Kavita Koundal	9871275960	Md. Azarudeen	7803996245	Neha	
Ketan Jee Jha	9911901870	Meenakshi	8447706929	Neha	8802783008
Kewal Kishor Sharma		Megha Kaushal		Neha Bhargav	
Khushboo Phogat	9873068483	Megha Verma	8586915201	Neha Pant	9990250754
Kiran		Minakshi		Nidhi Kumari	8447206070
Komal Bansal	9870546496	Mithlesh Kumar	8802014104	Nikhil Raparia	9711931506
Komal Shukla		Mobin	8802609202	Nikita Bmatia	9871697361
Konika Garg	9953860386	Mohan		Nirant Thakur	9582074354
Konika Mathur	9213859134	Mohd. Reyaaz	8447677221	Nishi Sejwal	9818365242
Kr. Ashutosh	8010240679	Mohit Bagadi	9810484854	Nitendra Singh	9999651915
Krishan Kumar Sharma	9865418123	Mohit Goel		Nitesh K. Gupta	9873866788
Kuldeep		Mohit Tripath	9711148112	Nitesh Lamba	
Kuldeep Singh Tokas		Monica Bhatt		Nitesh Rai	9871894798
Kulpreet Singh	9868607107	Monica Dochania	9910021137	Nitu	9990932433
Kumar Vivek	9868634429	Monika	9540774161	Nti Kanojia	9990299133
Kumar Ashish Roy		Monika	9891629164	Nupur Tiwari	9654553711
Kunal Chadha	9999861147	Monika Kumari	9716077575	O.p. Chopra	9873300726
Kundan Kumar	9599823100	Monu Shah	8826116404	Om Prakash Chopra	9873300726
Kundan Kumar		Mrinali Singh	9811809876	Palak Sachdeva	9811228350
Kundan Singh		Mukesh Jain	9313635384	Pallavi	9654143055
Lala Ram	9811135428	Mukesh Kumar	9711176266	Pallavi Dalal	9711546597
Lalit Gaur	9999151682	Mukul Aggarwal	9891520323	Pallavi Singh	8527233344
Latvia Lamba	9555142572	Mukul Yadav	9891412219	Pankaj Gupta	9310455956
Laxman Kr. Paswan		Munish	7827220828	Pankaj Kanwar	7503733533
Laxmi Kumari	9650057984	Munna Kumar		Pankaj Kumar	9968707773
Lokesh Dagar	9899120024	N. Kumudha	9871500932	Pankaj Kumar Jha	9868417843
Lt. Col. Rajeev Sharma	8826298718	N.k. Gupta	9811794355	Pankaj Vijay	9958559062

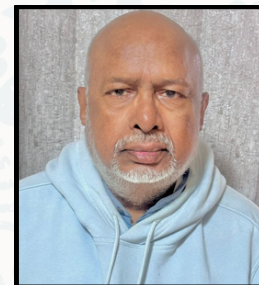
Name	Phone	Name	Phone	Name	Phone
Poonam		Rajbir Singh		Sachin Kumar	9958441973
Poonam Yadav	8505970043	Rajeet Kumar		Sachin Mittal	9810095226
Prabhat Pathak	9868731425	Rajeev Kumar	8287977585	Sahar Bano	7065294058
Pradeep Kumar	9350030595	Rajeev Sahni	9213143819	Sahil Pahwa	9810234264
Pradeep Kumar	-	Rajkumar Valshey	98108802983	Sakshi	9899235951
Pradeep Kumar	7838505506	Rajneesh Kaur	9997534772	Sakshi	7503867146
Pradeep Kumar Yadav	9419102129	Rajneet Kaur	9999380696	Sakshi Sharma	
Pradeep Sah	8802425031	Rajni Kant Kumar	9868610701	Sakshi Sharma	9582147429
Pradeep Walia		Raju Kumar	9953921923	Saloni Awdhoot	9899952152
Pradeep Walia	9810966060	Rajveer Rana	8053610620	Samar Kaushik	9810625040
Pramod Kumar Verma	7503742415	Rakesh Kumar		Sameer Khurana	8800540295
Pramod Vashist	9013953822	Rakesh Pasricha	9810192484	Sandeep	9810119897
Pramod Vashist		Rakesh Roshan	8010113364	Sandeep	
Prarveen Bhardwaj	9810950519	Rakesh Sharma		Sandeep Boora	8750303990
Prashant Aggarwal	9718219411	Rakesh Sharma	9810795815	Sandeep Goel	9810172490
Prashant Bana	9899407702	Rakesh Verma		Sandeep Jotriwal	
Prashant Kumar	7042045462	Ramchandra Dwivedi	9350396401	Sandeep Kumar Sinha	9654360325
Prashant Rana	9953945174	Ranbir Singh	8108567636	Sandeep Malik	9717790195
Pratibha Kujur		Ranjan Kumar		Sandeep Singh	9756704348
Pratiksha	7532804177	Rashmi	9716651128	Sangeeta	9717290610
Preeti	9899427949	Rashmi Priyam		Sanjana Aggarwal	
Preeti Kumari	9871488159	Ravi	9136857602	Sanjay Abbot	9810259420
Preeti Sharma	9953935918	Ravi Chandra Shrivastava		Sanjay Jain	9811282441
Prempal	9910112348	9999331489		Sanjay Kapoor	9811049815
Prerna Mattoo	8750627466	Ravi K. Dobriyal	9868226760	Sanjay Kumar	9716044841
Pritpal Singh	9899114409	Ravi Kant Verma	9810116403	Sanjay Malik	9810447216
Priyanka		Ravi Kumar		Sanjay Pande	9811546128
Priyanka Thakral	9999466400	Ravinder Nath Walia		Sanjay Singh	9810056136
Purshotam Lal	26194657	Ravinder Sharma	9811988119	Sanjay Yadav	8920997684,
Pushpender Dayal		Ravindra Pant	9999466944		9211915755

बोल के लव

आज़ाद

हैं तेरे





50 साल बोले तो स्वर्ण जयन्ती

अभी कल की सी बात लगती है। यूं गिनने बैठो तो पूरे 50 बरस हो गये पास आउट हुए। मैं साइन्स स्ट्रीम में स्कूल में दो बरस गंवा के आर्ट्स स्ट्रीम में आया था। एक नया जोश, एक नई उमंग थी। अतः सीधे सीधे बी.ए. (पास कोर्स) जिसे अब बी ए (जनरल) कहते हैं, में दाखिला ले लिया था सन् 1973 की एक सुबह। स्कूल से कॉलेज आना एक छोटे-मोटे कल्चरल शॉक से कम नहीं था। न असेम्बली, न प्रेयर, न यूनिफॉर्म, को-एड अलग। तीन बरस हँसी-खुशी गुजर गये। सस्ते का ज़माना था। हमने बी ए के तीनों साल अपनी क्लास में टॉप किया था। सोचो सेकंड क्लास में ही टॉप करने वाली इज़्ज़त पा गये थे। फलस्वरूप एक जी. सी.सी. (जनरल कन्सल्टेटिव कमेटी) के सदस्य भी आदरणीय सी एल सूरी प्रधानाचार्य साहब ने नामित कर दिया था। तब टॉपर को 25 या शायद 30 रुपये के मूल्य की पुस्तक उपहारस्वरूप मिलती थी। आप अपनी मनपसंद पुस्तक खरीद कर पुस्तक और रसीद जमा कराते थे। आपको रुपये रिअम्बर्स कर दिये जाते थे और पुस्तक पर एक स्लिप चस्पा कर दी जाती थी कि टॉप करने के उपलक्ष्य में दी गई। और हां एक तीर और हमने मारा था सीनियर एयरविंग एन. सी. सी. जॉयन कर ली थी तथा उनके उच्चतम सर्टीफिकेट 'बी' और 'सी' सर्टीफिकेट अर्जित किये थे। तब रविवार के रविवार हमारी परेड और ग्लाइडिंग सफ़दरजंग एयरपोर्ट पर होती थी।

मैं प्रधानाचार्य आदरणीय श्री सी एल सूरी साब, अपने प्राध्यापकों सर्वश्री रस्तोगी सर, घई सर, मिनोचा सर, वी के वर्मा सर, दूबे सर, ऊषा मेहता मैडम, विक्रम चोपड़ा सर, धवन सर, तनेजा सर, गौतम सर, भारद्वाज सर का सदैव ऋणी रहूंगा। मेरे जीवन में जो भी उपलब्धि रही उसका श्रेय इन्हीं महानुभावों को जाता है।

- डॉ रवीन्द्र कुमार

पूर्व आई.आर.पी.एस. 1984

प्रमुख मुख्य कार्मिक अधिकारी, भारतीय रेलवे।

संयुक्त सचिव, भारत सरकार।

सदस्य, सीनियर सिटीजन ट्राइब्यूनल, दिल्ली सरकार

रसगुल्ला और शादी

मेरे भारत महान के एक सूबे में एक शादी में रसगुल्ले खत्म हो जाने पर तगड़ा विवाद हो गया। विवाद भी इस हद तक का कि आपको समझाने के लिए इसकी पूरी ए.बी.सी.डी. समझानी पड़ेगी। यह 'ए' से आर्ग्यूमेंट्स से शुरू हुआ बोले तो अबे-तबे करने लगे। फिर 'बी' से बड़बड़ाने लगे, क्या घराती क्या बराती। 'सी' से छीना झपटी शुरू हो गई। छीना-झपटी जल्द ही 'डी' से धक्का मुक्की में बदल गयी। बस फिर क्या था, कुछ जोशीले लोग जो शाम के लिए 'ई' से इंगलिश वाइन लाये थे उन्होंने टेंशन के मारे दिन में ही खोल ली। पीते जाते और गाली गलौज करते जाते तो 'एफ' से फाइट चालू हो गयी। अब घराती तो अपनी होम पिच पर खेल रहे थे वे संख्या में कहीं ज्यादा थे। ये क्या बात हुई कि रसगुल्ले जैसी चीज़ को भी बारातियों को तरसना पड़े। लड़की वाले सोच रहे थे कि यह चूक कहाँ कब कैसे हो गयी। 'ई' से इंगलिश वाइन, 'एफ' से फाइट शुरू हो गई, 'जी' से गुड बाई कहे बिना शादी बारात वापिस।

देखिये हमारे हिंदुस्तान में बारातियों को क्या खाना खिलाया गया। खाना कितना लज़ीज़ या कितना खराब था यह बात सालों याद रखी जाती है और इसका ज़िक्र भी किया जाता है। बारातियों की आवभगत एक औसत शादी का महत्वपूर्ण कम्पोनेंट है। मैं ऐसे लोगों को जानता हूँ जिन्होंने पहले ही स्पष्ट कर दिया कि उनको दहेज नहीं चाहिए उन्हें तो बस अच्छा खाना और बारातियों की फुल-फुल आवभगत चाहिए। उनकी इज्जत का सवाल है।

अब इस पसेमंजर में आप ये अदने से रसगुल्ले को देखें। भला ये क्या बात हुई कि साब अभी खाना खुला भी नहीं कि आपने या आपके लोगों ने रसगुल्ले 'मेन कोर्स' की तरह और 'मेन कोर्स' से पहले ही खत्म कर दिये। स्वीट डिश खत्म। खत्म तो खत्म। आपके घराती लोग अपनी प्लेट में आठ-आठ, दस-दस रसगुल्ले रखे घूम रहे हैं और हमें चिढ़ा रहे हैं। ये क्या मज़ाक है? हमारी, हमारे गेस्टों की कितनी बेइज्जती हुई आप अंदाज़ा नहीं लगा सकते। देखिये एक रसगुला कितना हल्लागुल्ला मचा सकता है। इसका नाम भले रसगुल्ला है पर ये अपनी पर आ जाये तो शादी तक तुड़वा सकता है और वो ही हुआ भी। बारात बिन शादी बिन दुल्हन लौट गई।

लड़के वाले जो हिंदुस्तान में अपनी ही ठसक में रहते हैं उनका कहना है कि रसगुल्ला कोई इशू ही नहीं इशू तो ये है कि हमारा अपमान हुआ है। आज ये हाल है कल क्या होगा, कैसे संस्कार दिये हैं? हो सकता है बहू हमें खाना ही नहीं दे कह दे कि खत्म हो गया। जाओ हवा खाओ। भाई अगर रसगुल्ला खत्म हो सकता है तो भोजन क्यों नहीं? यह तो सुघड़ गृहिणी के लक्षण नहीं। इसमें सारा दोष उन लोगों का है जिन्होंने रसगुल्ला को प्रतीक मानते हुए बहुत कुछ कह दिया। ये छीना-झपटी क्या कहती है? क्या बताती है? यह दरअसल पोल खोलती है हमारे समाज की। क्या हम रसगुल्ला के इतने अकाल में रहते हैं। वो रसगुल्ला किस काम का जिसमें रस ही नहीं, जो जीवन में रस ही न भर सके, उल्टा हमारा आपसी साहचर्य और भ्रातृभाव के रस को ही सुखा दे। ये रसगुला हमारा नया दुश्मन है। यह न

केवल हमारे स्वास्थ्य के लिए हानिकारक है (डायबिटीज़ वालों से पूछो बेचारे कैसे धो-धो के, निचोड़- निचोड़ के रसगुल्ला खाने को विवश हैं) किन्तु अब तो यह सामाजिक वैमनस्य का सबब बन गए हैं। यह रसगुल्ले के अपने अस्तित्व के लिए कोई मुफ़ीद बात नहीं। मेरा सुझाव है कि रसगुल्ले का या तो बहिष्कार ही कर दें। यदि यह संभव न हो तो दो-दो रसगुल्ले की डिब्बी बना ली जाएँ और उन पर स्लिप से नाम लिखवा दिये जाएँ कि कौन सा डिब्बा किस गैस्ट को दिया जाना है।

यूँ देखा जाये तो ये स्वीट डिश है ही ऐसी चीज़। नाम तो इसका स्वीट है पर यह जीवन में, समाज में कड़वाहट घोल रही है। आप चाहें आइस क्रीम ले आओ, उस पर भी लोग टूट पड़ते हैं और पूरे साल का 'कोटा' इसी शादी से पूरी करना चाहते हैं। आप गाजर का हलवा ले आओ उसका भी यही हाल करते हैं। क्या घराती क्या बाराती। एक सुझाव ये भी है कि आप स्वीट डिश का एक कूपन दे दो, भैया घूमते हुए जाना और उनके किसी भी शहर के ऑउटलेट से ले सकते हैं। मुझे तो दूल्हा-दुल्हन पर दया आ रही है। उनका क्या दोष? इस रसगुल्ले ने तो उनके जीवन से जैसे रस ही सोख लिया। ये कैसा रसगुल्ला है जी ?

डॉ. रवींद्र कुमार
बी.ए.(पास कोर्स) 1973-76

Brigadier Birendra Kumar Roy is an alumnus of Atma Ram Sanatan Dharma College wherein he got enrolled in the first batch of Industrial Chemistry in the year 1994. Post completion of graduation, Brigadier Roy joined Indian Military Academy (IMA) in the year 1998.

In the Armed Forces, Brigadier Roy has had an illustrious career with high profile assignments including a tenure as instructor in the elite Commando School of the Army. He has served on various prestigious appointments and in diverse operations areas. In recognition of his exemplary service and valuable contributions on varied appointments, he was awarded with Vishisht Sewa Medal (VSM) in 2017. He is presently commanding in active duty along the northern borders of Ladakh.



Brigadier Birendra Kumar Roy

कोई भी छात्र उस गीली मिट्टी की तरह होता है। जिसको आकार देने का कार्य शिक्षण संस्थाएँ करती है। मैं भी एक छात्र के रूप में आत्माराम सनातन धर्म महा विद्यालय से जुड़ा। दिल्ली विश्वविद्यालय का यह कॉलेज अपने स्थापना काल से लेकर आज तक बहुत सारे विद्यार्थियों के व्यक्तित्व निर्माण तथा उसके जीवन को सार्थकता देने का कार्य आज भी कर रहा है। न जाने कितने ही गीली मिट्टी की तरह बिना किसी आकार प्रकार के, बिना किसी निश्चित उद्देश्य को ध्यान में रखकर, विद्यार्थी इस महाविद्यालय में आते हैं। इस महाविद्यालय के प्राध्यापक उसके निरुद्देश्य जीवन को एक उद्देश्य प्रदान करते हैं। उसे समाज में अपनी अलग पहचान निर्मित करने में मदद करते हैं। उसे एक संतुलित व्यक्तित्व प्रदान करते हैं।



डॉ. विजय मणि त्रिपाठी

आज मैं आत्मा राम सनातन धर्म महा विद्यालय के हिंदी विभाग में, असिस्टेंट प्रोफेसर के रूप में कार्यरत हूँ। कभी सोचा नहीं था कि मैं दिल्ली में स्थित इस महत्वपूर्ण महाविद्यालय का भाग बनूँगा। लेकिन यह सब इस महाविद्यालय की ही देन है। यहाँ एक अलग तरह का माहौल मुझे मिला। दिल्ली जैसा महानगर देखने में बहुत आलीशान है। यहाँ लोगों का जीवन बहुत सारी व्यस्तताओं से भरा हुआ है। कहा जाता है कि यहाँ किसी के पास किसी के लिए समय नहीं है। एक छोटे कस्बे से आए हुए छात्र के लिए यह शहर एक अचंभे से कम नहीं है। मैं अपने अनुभव से कह सकता हूँ कि यहाँ की चमक दमक बाहर से आए हुए छात्र को डराती भी है। लेकिन इस महा विद्यालय का परिवेश इस से एकदम भिन्न है।

दिल्ली में आते समय ऐसे ही कुछ अनुभव मेरे भी थे। एम.ए. हिंदी में इस महाविद्यालय में मुझे प्रवेश मिला। जब मैं इस महाविद्यालय में प्रवेश के लिए आया। तब मुझे यहाँ का माहौल बहुत आत्मीय लगा। प्रवेश लेने के पश्चात् सप्ताह में दो दिन यहाँ हमारी कक्षाएँ होती थी। हम सब छात्र यहाँ पढ़ने के लिए आते थे। इस महाविद्यालय के हिंदी विभाग के प्राध्यापकों से पढ़ने का अवसर प्राप्त हुआ। पढ़ने के दौरान खट्टे और मीठे दोनों ही प्रकार के अनुभव प्राप्त हुए। खट्टे अनुभवों को मैं भुला देता हूँ। जो मीठा और सकारात्मक अनुभव मुझे प्राप्त हुआ। उसे मैं आपको बताता हूँ।

यहाँ पढ़ने के दौरान ही हिंदी विभाग के उस समय के प्राध्यापक और आज महाविद्यालय के प्राचार्य प्रोफेसर ज्ञानतोष कुमार झा सर से मेरा परिचय हुआ। उनकी कक्षा प्रारंभ होने से पहले हमारी एक कक्षा हो चुकी थी। जिसका अनुभव बहुत अच्छा नहीं था। एक छोटे शहर से आने के कारण और संकोची स्वभाव के कारण भी दिल्ली के परिवेश से मेरा तालमेल अभी नहीं बैठा था। मैं यहाँ के परिवेश और यहाँ के लोगों को एक अचंभित निगाह से ही देखता था। कुल मिलाकर यहाँ के परिवेश में मैं सहज नहीं था। इसी तरह की कुछ मनोवृत्ति को लिए हुए ज्ञानतोष सर की क्लास में मैं गया। उनका व्यवहार मुझे बहुत ही आत्मीय लगा। व्यवहार में आत्मीयता के कारण उनके द्वारा पढ़ाए गए पाठ को हमने पढ़ा। पढ़ाने में भी वही सहजता और आत्मीयता थी। सर बहुत मधुर बोलते हैं। बोली में इस मधुरता के कारण मुझे वे बहुत अच्छे लगे। उनकी कक्षा भी बहुत विद्वत्तापूर्ण होती थी। वे कक्षा में विद्यार्थियों को अपनी बात रखने के लिए प्रोत्साहित करते थे। इस तरह से उनके व्यवहार के कारण मैं पठन पाठन में कुछ सहज हो सका।

इस प्रकार सर से मिलना जुलना प्रारंभ हुआ। सर के सहज व्यवहार के कारण मेरे भीतर आत्मविश्वास आया। मैंने सोचा कि एक दिल्ली विश्वविद्यालय का प्रोफेसर कितना सहज होता है। इस तरह से मैं अन्य प्रोफेसर से भी मिलता रहा। और उनसे मुझे बहुत कुछ सीखने को मिला। मेरे भीतर जो कमियां थी वे धीरे-धीरे दूर होती गई। मेरा संकोची स्वभाव जाता रहा। ज्ञानतोष सर ने सदैव मेरा मार्गदर्शन किया। जब भी मुझे किसी प्रकार के सहयोग या सुझाव की जरूरत महसूस हुई। सर ने मेरा सदैव मदद किया। इस तरह से संकोची स्वभाव के विद्यार्थी को दिल्ली विश्वविद्यालय में असिस्टेंट प्रोफेसर तक पहुंचाने में सर का महत्वपूर्ण योगदान है। इसे मैं कभी अपने जीवन में भुला नहीं सकता हूँ।

समय ने परिवर्तन किया आदरणीय प्रोफेसर ज्ञानतोष कुमार झा सर इस महाविद्यालय के प्राचार्य बने और मैं इस महा विद्यालय के हिंदी विभाग में असिस्टेंट प्रोफेसर बना। सर के नेतृत्व में आत्मा राम सनातन धर्म महाविद्यालय देश के प्रतिष्ठित महाविद्यालयों में शुमार हुआ। जब मैं एक छात्र के रूप में इस महाविद्यालय में आया था। तब की स्थिति और आज की स्थिति में जमीन आसमान का अंतर है। सर ने इस महाविद्यालय के स्तर को लगातार ऊपर उठाया है। इसी का परिणाम है कि आज महाविद्यालय भारत सरकार द्वारा दी गयी पदवियों में सर्वोच्चता के शिखर पर स्थापित है। सर के नेतृत्व में संस्थान के साथ ही साथ छात्र तथा शिक्षक सभी का निरंतर विकास हो रहा है। एक प्राध्यापक के रूप में आज भी मैं बहुत कुछ सीख रहा हूँ।

सीखने की इस कड़ी में आप सबके साथ एक अनुभव साझा करना चाहता हूँ। मैंने यह अनुभव किया कि जब मैं किसी बड़े समूह को संबोधित कर रहा होता हूँ। तब मैं यह महसूस करता हूँ कि मैं बोल तो रहा हूँ। लेकिन मैं अपने काबू में नहीं हूँ। मैंने अपने भीतर से इस कमी को दूर करने का निश्चय किया। हमारे महाविद्यालय में नाटक से जुड़ी हुई एक महत्वपूर्ण संस्था 'रंगायन' है। जिसमें विद्यार्थी अभिनय कला को सीखते हैं। आदरणीय प्रोफेसर ज्ञानतोष सर इस संस्था के संस्थापक सदस्यों में से है। 'रंगायन' वर्षों से विद्यार्थियों को रंग क्षेत्र के वरिष्ठ निर्देशकों द्वारा अभिनय की शिक्षा देता आ रहा है। बहुत सारे विद्यार्थी आज इस संस्था से लाभ उठा कर फ़िल्म और कला के क्षेत्र में अपना महत्वपूर्ण योगदान दे रहे हैं। एक दिन मैंने सर से कहा, सर मैं भी नाटक करना चाहता हूँ। सर ने यह नहीं पूछा कि क्यों करना चाहते हो? उन्होंने सहज ही इसकी अनुमति दे दी। मैंने इस अवसर का लाभ उठाकर, अपने भीतर की कमियों को दूर करने के लिए दो नाटकों में अभिनय किया। जिससे मुझे बहुत कुछ सीखने को मिला। बहुत हद तक अपनी कमजोरियों पर काम करने का अवसर मिला। इस तरह से आज भी यह संस्थान मुझे अपनी कमजोरियों को दूर करने में मदद कर रहा है।

यह संस्थान आज भी मेरे जीवन को सार्थकता प्रदान करने में निरंतर अपना योगदान दे रहा है। महाविद्यालय के प्राचार्य के रूप में सर आज भी हमारे जैसे अनगिनत विद्यार्थियों को सभी प्रकार का सहयोग और व्यक्तित्व विकास के समुचित अवसरों की उपलब्धता सुनिश्चित कर रहे हैं। सर के नेतृत्व में यह संस्थान न जाने कितने ही गिली मिट्टी के समान अनगढ़ विद्यार्थियों को आकार देने का कार्य अनवरत कर रहा है।

डॉ. विजय नारायण मणि
पूर्व छात्र और असिस्टेंट प्रोफेसर, हिंदी विभाग
आत्माराम सनातन धर्म महा विद्यालय, दिल्ली विश्वविद्यालय

□ आज के इस घोर प्रतिस्पर्धा वाले समय में विद्यालयी शिक्षा पूरी करने के बाद हर विद्यार्थी की यह अभिलाषा होती है कि किसी अच्छे संस्थान से आगे की शिक्षा पूरी की जाए। आमतौर पर विज्ञान (गणित)के विद्यार्थी प्रौद्योगिकी संस्थानों, जीव विज्ञान के विद्यार्थी आयुर्विज्ञान संस्थानों तथा वाणिज्य- कला के विद्यार्थी देश के विभिन्न विश्वविद्यालयों में आवेदन करते हैं। अपनी-अपनी योग्यता के अनुसार सबको नामांकन भी मिलता है किन्तु सभी विद्यार्थियों के भाग्य में ऐसा संस्थान नहीं होता है जो उनके जीवन की दिशा और दशा बदलने अपनी महत्वपूर्ण भूमिका निभा पाता है। मेरे जीवन में आत्माराम सनातन धर्म महाविद्यालय की भूमिका इसी प्रकार के संस्थान के रूप में है। २००६ में जब मैंने इस महाविद्यालय में नामांकन लिया था, तब मुझे यह नहीं ज्ञात था कि मेरी आगे की



डॉ. भानु प्रताप सिंह

यात्रा क्या होगी! प्रथम वर्ष के ही दौरान महाविद्यालय की नाट्य संस्था रंगायन से जुड़ने का सौभाग्य मिला, संस्था के कन्वीनर प्रो० ज्ञानतोष झा सर और नाट्य निर्देशक सतीश आनंद सर का सानिध्य, मार्गदर्शन और आशीर्वाद मिला जिनके प्रशिक्षण के फलस्वरूप रंगकर्म करने की प्रेरणा मिली साथ ही साहित्य के प्रति विशेष अनुराग उत्पन्न हुआ।

कहाँ तो मैं औद्योगिक रसायन शास्त्र का अध्ययन करने आया था, और अब हिन्दी साहित्य तथा रंगकर्म के प्रति अनुरक्त हो गया। महाविद्यालय में पढ़ते हुए तथा विभिन्न गतिविधियों में भाग लेने के क्रम में जीवन को करीब से समझने का मौका मिला, संसार को देखने का, अवलोकन करने का एक अलग दृष्टिकोण प्राप्त हुआ। इंसानी रिश्तों, जज़्बातों के प्रति संवेदना की समझ विकसित हुई। रंगायन के तत्कालीन कन्वीनर ज्ञानतोष झा सर और सीनियर रजनीकांत भैया के सानिध्य से महाविद्यालय के विभिन्न कार्यक्रमों और समारोहों के आयोजन में सहभागिता का अवसर मिला जिससे प्रबंधन की क्षमता का भी विकास हुआ। जीवन के हर क्षेत्र में तथा कार्यस्थल पर भी इस प्रबंधन क्षमता ने सदा धनात्मक योग ही दिया है। इसी महाविद्यालय में शिक्षा पाकर फिर यहीं अध्यापन कार्य करना एक विलक्षण संयोग है, जो महाविद्यालय के शिक्षकों की विशिष्ट अध्यापन शैली, विद्यार्थियों के प्रति उनके दायित्व बोध तथा गुरुजन के आशीर्वाद का ही परिणाम है, जिसके लिए मैं आत्माराम सनातन महाविद्यालय का हृदय से आभारी हूँ।

When I first entered Atma Ram Sanatan Dharma College as a B.Sc. Physics Honours student in the early 1990s, the campus carried a quiet intensity. It did not seek attention; it commanded it through intellectual discipline, seriousness of thought, and unmistakable purpose. Only with time does one realize how rare that environment truly was. In those years, ARSD was sometimes seen from afar as a campus of rough edges and strong voices. What some mistook for unpolished intensity was, in reality, a culture of authentic selfhood. Our confidence was not borrowed from privilege, nor did it seek elite validation. It arose from a grounded pride, a refusal to imitate attitudes or aspirations that were not ours. The campus exuded forthrightness: direct, honest, and intellectually self-respecting. ARSD did not manufacture refinement; it cultivated substance. And substance learned to speak for itself. Academically, the College was formidable. Long before the digital age, its library was a sanctuary of depth, rewarding patience and independent thought. The Sciences trained us to respect complexity and precision. Laboratories demanded accuracy, classrooms clarity, and teachers nurtured intellectual courage alongside competence. Faculty were exacting yet deeply invested mentors, valuing depth over haste and character over convenience. Campus life was equally formative. The students' union elections were vibrant, contested, and unapologetically participative. Posters appeared overnight, manifestos were debated, slogans echoed through corridors, and votes were sought with earnest intensity. For many, it was a first immersion into public life. Messy but passionate and profoundly educative. ARSD did not insulate us from reality. It prepared us to engage with it. What followed after the college



Suprabha Pande



for me, was a natural extension of the discipline first cultivated here. Habits of thought shaped at ARSD found expression across national and international platforms. In public policy as MoC with NITI Aayog. In institutional leadership through the founding of DDD Consulting and GAMAS; and in advisory roles guiding youth diplomacy and global governance. Alongside this, my journey unfolded as an author and meditation master, translating India's contemplative traditions into frameworks for leadership, resilience, and purpose. Engagements at Yale, Harvard, MIT, and the Embassy of India, Bangkok, were not reinventions, but maturations. This was a proof that what was forged at ARSD was enduring and transferable across continents. Today, ARSD stands proudly as an A++ NAAC accredited institution, ranked fifth nationally by NIRF. These achievements are neither sudden nor incidental. They are the result of visionary leadership. The unwavering commitment of the current Principal, Faculty, and Staff, and a disciplined consistency that has translated aspiration into enduring systems of excellence. Alongside remarkable infrastructure and enriched academic, co-curricular, and extracurricular programs, ARSD has achieved a rarer transformation. A transformation of perception. While buildings can be raised and facilities expanded, reshaping institutional identity in the public imagination is far more exacting. That ARSD has quietly redefined itself is, perhaps, its most enduring accomplishment. It has modernized without dilution, risen without losing humility, and expanded without forgetting its core. Institutions endure not merely by adapting, but by remaining anchored to purpose. ARSD College has done both. With grace. It is an absolute honour to belong to an Institution whose legacy continues not merely to survive, but to deepen with time.

~ **Suprabha Pande**

Alumna: B.Sc. (H) Physics, Class of 1996 Founder & CEO | Policy Mentor | Author: Meditation - The Untold Glory of Sanaatan Dharm - How the West bows to Maa Bhaarakati

Choosing ARSD for my graduation was the best decision for my career. My time at ARSD College has been nothing short of transformative. What sets this college apart is the constant encouragement from the faculty to look beyond textbooks. The NIRF rankings speak for themselves, but the real heart of the college lies in its inclusive atmosphere and the lifelong mentorship I received here. Proud to be an ARSDian!

NEHA JAIN

Designation - Lekhpal, Uttar pradesh



Dr. Silky Jain

Hello everyone!

Warm Greetings to all....

I am an assistant professor at Sri Aurobindo College, University of Delhi. It's been 18 years since I walked out of the ARSD gates as a B.Com. Hons. graduate. When I reflect on my professional journey today, I realise that its foundation was quietly laid within the walls of ARSD. One of the strongest pillars of my experience at Atma Ram Sanatan Dharma College, University of Delhi was undoubtedly its faculty. What made the teachers at ARSD truly special was not just their academic expertise, but their approachability and genuine concern for students. They were always willing to go beyond classroom lectures — whether it meant staying back after class to clear doubts, guiding us through assignments, or simply offering career advice when we felt uncertain about our future. I still remember Madan Sir, VK Arora Sir, Uma Gulati Mam, Nidhi Bansal Mam, Sandeep Sir. They all were fabulous.

During the M.com. when the final year result of graduation was declared and I got 86%, one of my classmates wondered that how can a student from a moderate college score so well. The credit goes to all my teachers. The conceptual clarity that we got at that time has paved the way for my career.



When I recently visited the campus, I realised — this is not the same college I had left behind in 2008. Back then, ARSD had everything that defined a typical DU college of the early 2000s — spacious green lawns, lively corridors, and a strong society culture — but infrastructure was largely traditional. Most of our classrooms relied on chalk-and-talk pedagogy, administrative work meant standing in long queues outside the office, and the library, though resourceful, was mostly limited to physical books and journals.

Today, the transformation is striking. One of the biggest changes has been the shift towards digitally enabled learning. Many classrooms are now equipped with projectors and smart boards, and the campus is fully Wi-Fi enabled, allowing students to access academic material seamlessly.

The college has also established an Audio-Visual Studio for recording lectures and developing e-content — something we could not have imagined in our time. Additionally, over the years, new computer labs have been added, more than 100 modern computers were installed and research-oriented student projects are now actively supported through upgraded lab equipment.

This clearly reflects ARSD's shift from a teaching-centric institution to a research-supported learning space. Even the canteen — once just a nostalgic adda — has been renovated to better serve the growing student population.

While the essence of ARSD — its vibrant societies, inclusive culture, and DU spirit — remains unchanged, the infrastructure has undergone a quiet but powerful revolution.

As an alumnus, it's heartening to see that ARSD has preserved its soul while modernising its body. Above all, the NAAC and NIRF ranking of the college always make me feel proud.

-Dr. Silky Jain
Batch- 2005-08 (BCH)

My time at ARSD College, from 2019 to 2022, was a transformative and enriching experience that has had a lasting impact on my life. As a student of BA History (Hons) I had the opportunity to be a part of a vibrant and diverse community that fostered academic excellence, creativity, and personal growth. During my three-year journey, I witnessed the best of both worlds - the first and last semesters were spent on campus, where I was able to experience



Ashish Raghuwanshi

the full spectrum of college life. I attended fests, elections, departmental fests, freshers, and farewells, which were an integral part of the college experience. The campus was alive with various clubs and societies that catered to different interests.

The faculty at ARSD College played a significant role in shaping my academic and personal growth. They encouraged us to think critically and evaluate situations through proper analysis, which has been invaluable. The exposure to different perspectives and ideas was rich and varied, and I am grateful for the opportunity to have been a part of it. One of the highlights of my college experience was the opportunity to make lifelong friends and memories. We went on trips, such as the one to Khajuraho, which was an unforgettable experience. The COVID-19 pandemic brought about a significant shift to online classes, but ARSD College and its faculty adapted enthusiastically to the new mode of learning. Despite the challenges, they worked tirelessly to bridge the learning gap, and we were able to continue our academic journey without major disruptions. We also participated in numerous webinars, which provided us with valuable insights and knowledge on various topics. The DU culture is known for its vibrant and inclusive environment, and ARSD College is no exception. I feel fortunate to have been a part of this institution, which has shaped my perspectives and personality in ways that I could never have imagined. As I look back on my time at ARSD College, I am filled with a sense of gratitude and nostalgia. The memories, experiences, and people I encountered during my time here will stay with me forever, and I will always cherish the time I spent at this esteemed institution.

- Ashish Raghuwanshi

My Journey at Atma Ram Sanatan Dharma College:

The year 2014 marks one of the most defining chapters of my life—the year I stepped into ARSD College, a reputed institution of Delhi University, with dreams in my eyes and uncertainty in my heart. Coming from a small town- Ayodhya (Uttar Pradesh), gaining admission into Bcom (hons) course at a Delhi University college was not just a personal



achievement but a moment of immense pride for my parents, my school, and everyone who believed in me. At the same time, I remember the silent fears I carried—would I be able to adapt to the fast-paced life of Delhi? Would I find my place in such a reputed college? Stepping out of home for the first time for higher education in a new city felt overwhelming.

Interestingly, when I joined, the college itself was undergoing a renovation phase. In many ways, that transformation mirrored my own journey. As the buildings were being reshaped and strengthened, I found myself evolving too—gradually transitioning from a hesitant school fresher to a confident young adult.

The very first day of college—the orientation—played a crucial role in shaping my perception. The warmth, encouragement, and positivity that I experienced that day instantly dissolved many of my fears. It instilled in me a deep sense of belongingness. I realized that ARSD College was not merely an academic institution; it was a nurturing ecosystem committed to the holistic development of its students. That assurance became the foundation upon which I built my next three years.

The lectures were intellectually stimulating and thoughtfully designed. Our lecturers ensured that concepts were not just memorized but understood and applied. Their constant encouragement pushed us to give our best.

Of course, how can we forget our beloved commerce department campus where we spent most of our time in between the lectures.

By the end of my second year, I experienced one of the proudest moments of my life—we got to know that one of the big 4 firms was coming to our college for campus recruitment.



With God's grace I successfully cleared the selection process and was able to secure my first job at a big 4 firm! I still remember the overwhelming joy and gratitude I felt that day. For a student who once thought whether she could adapt to Delhi, being selected by such a reputed organization felt surreal. This milestone was not mine alone; it was the collective achievement of the mentors who guided me, the peers who motivated me, and the institution that shaped me.

Beyond academics, the college offered platforms that allowed me to discover and express myself. I had the privilege of being part of the editorial board for the inaugural edition of the commerce magazine, Vanijya Doot. Seeing my article published in the magazine was an incredibly fulfilling experience. It boosted my confidence and allowed me to contribute to something meaningful within the college community. That opportunity taught me teamwork, responsibility, and the joy of creative expression—lessons that continue to help me in my professional journey.

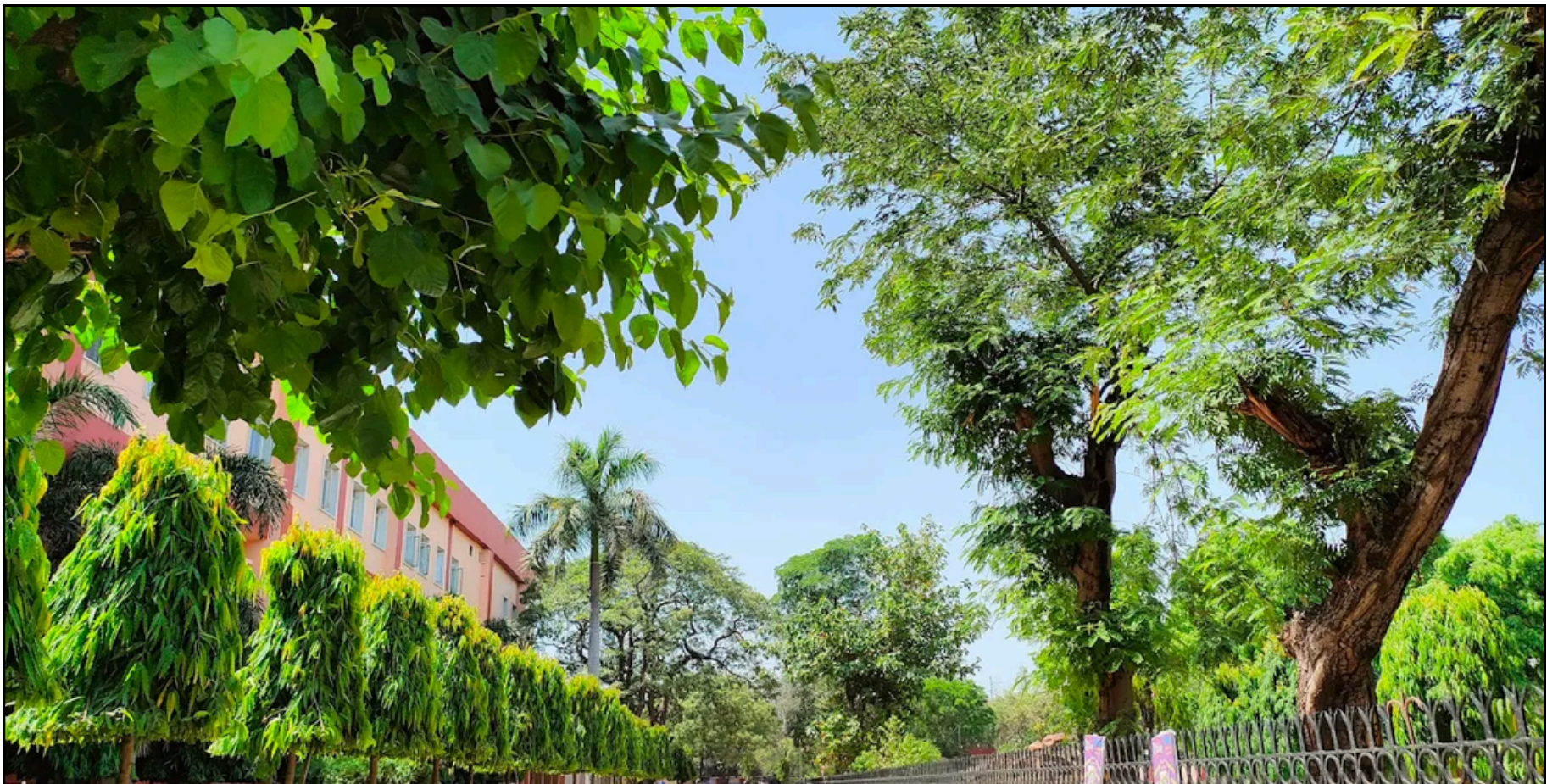
The numerous seminars, workshops, and guest speaker sessions organized during those three years were equally transformative. Listening to industry experts and accomplished professionals motivated us to dream bigger and prepare better. As I reflect today on my journey all these years, I realize that our college has been instrumental in shaping me and instilling in me a sense of confidence and dedication to do better. Through this article, I would like to express my heartfelt gratitude to our respected Principal sir, our esteemed lecturers, the support staff, and the entire college management. Your dedication, vision, and unwavering commitment to student development have left an indelible mark on our lives. Whatever I have achieved and whatever I aspire to become, ARSD College will always remain at the core of my journey. Thank you for shaping my dreams, strengthening my character, and preparing me for the professional world.

**-Sushmita Khare, ACCA
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